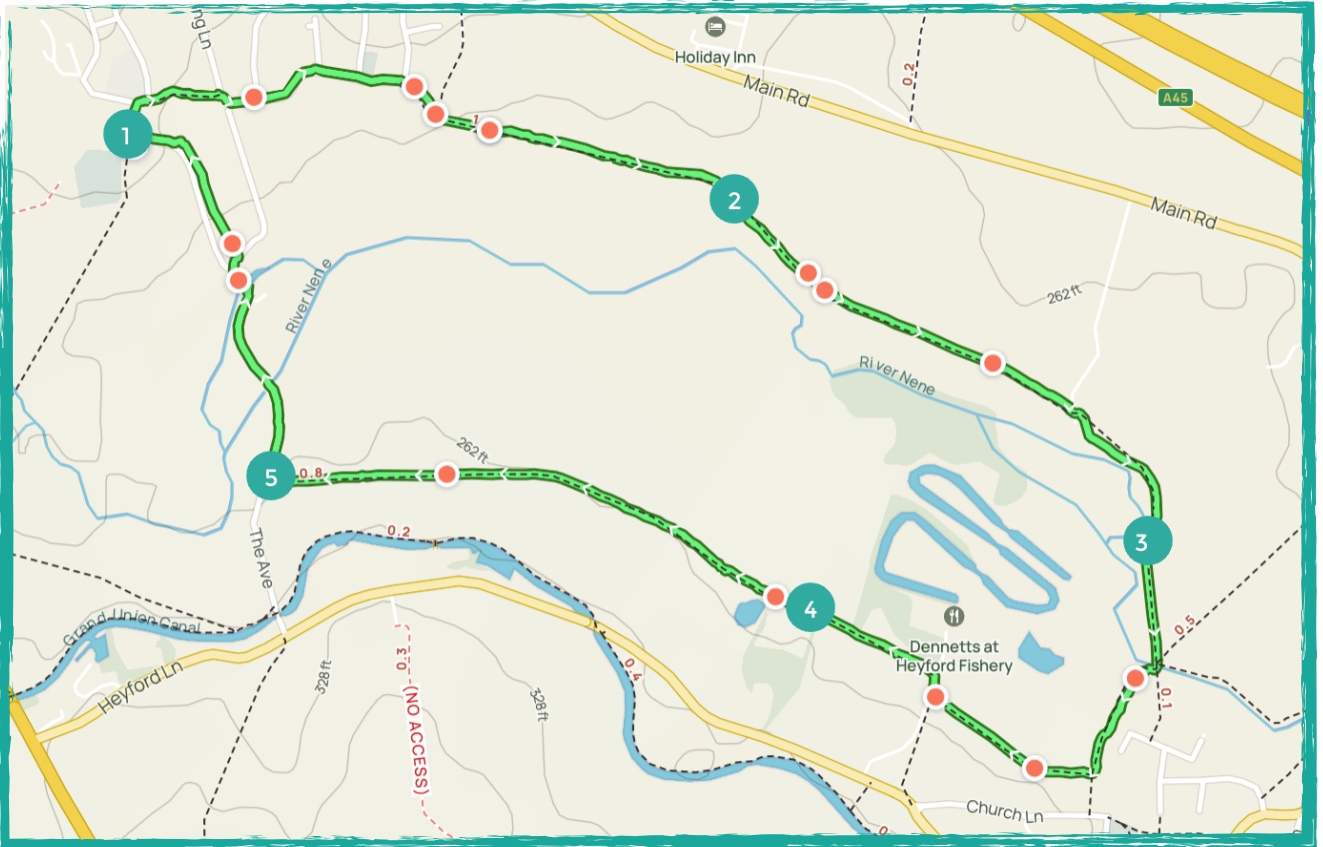


# AG101 - FLORE & NETHER HEYFORD LOOP



## DISTANCE (Approx)

3.2 miles  
5.15 km  
6900 steps



## PRAM FRIENDLY

No, this walk is not pram friendly.



## DOG FRIENDLY

This is a dog friendly walk.



## ESTIMATED TIME

Approx 1hr 20 mins



## DIFFICULTY

Easy



## REFRESHMENTS

There are various pubs and cafes in Flore.



Julia Doherty

## WALK AUTHOR

This walk was developed for Adventure Geek by Julia Doherty from Towcester.

Julia's favourite local trail is Fawsley & Badby Woods during the bluebell seasons and her all-time favourite walk is The PCT (Pacific Crest Trail in the USA).

## POINTERS

Thank you to Pete, Sarah, Mike, Andrea, Susan, Hazel and Janice for being our expert pointers on this walk.

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## PHOTO CHALLENGE:

Your challenge is to take a photo of an unusual box, a gate to nowhere, an Ox Hovel, a secret dog gate and a deep hollow.



## DOWNLOAD THIS ROUTE TO YOUR PHONE



Follow this route on Alltrails: [Here](#) (including GPX files)



To follow the route on OS Maps click [here](#).



**1. Let's take a hike!** Your walk starts from All Saints Church, 2 The Avenue, Flore, Northampton NN7 4LX. Feel free to park in the church car park (being mindful that if it is a Sunday then it may be best to park nearby and walk to the start). With the church behind you take the footpath that leads you to the Primary School.



**1a.** At the Primary School, turn right, then take the small footpath that leads to the park (but don't go into the park, keep left). Also at the school, look behind you and see if you can spot the dove cote?



**1b.** At the car park, turn right, then immediately turn left into Nether Lane.



**1c. Checkpoint photo:** Thornton Close. Continue straight.

## Elevation Profile - AG101



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**1d.** Checkpoint photo: Church Lane. The small church on your left is the United Reformed Church with a cute little graveyard.



**1e.** You will soon reach a very pretty thatched cottage. Here, turn right which leads you to a small footpath. Check out the unusual thatched wall on your left.



**1f.** After the kissing gate, walk at a 2 o'clock angle. You should be able to see the next gate.

Note: There are often horses in this field so please keep your dogs on a lead.

**1g. Photo Challenge** - What's in the box?



**1h.** We are now going to cross a series of fields. Sometimes, they may be cows or sheep grazing,

Field one.



**1i.** Another gate, another field. I hope it's not too muddy for you.

Field two.



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**1j.** Field number three is usually livestock free and is used for crops. Follow the well trodden footpath which bends around to the right towards the end. Look for a gap in the hedge.



**1k.** Go through the gate.



**1l.** When you go through the gate, turn at a 10 o'clock angle and you will spot a photo challenge.

## 2. Photo challenge: The gate to nowhere!

Please post your photos on the [AG Facebook Page](#), we would love to see them.



**2a.** Continue across the field heading for the electric pylon. There is a footpath just to left of the pylon leg.



**2b.** Hopefully this little bridge will not be challenging for our furry friends. Cross the bridge and watch out for those trolls.

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**2c** - Continue straight. You are now heading for the hedge in front of you.



**2d.** Go through the arch of trees.

You have now walked one mile.



**2e.** You have now arrived at the old Mill House which I believe is now private property. It is a beautiful property with a little golf course and we love the slide into the river. Follow the official footpath signs.



**2f.** The river is now on your right. Follow the main footpath signs.

**2g. Photo challenge:** The Ox Hovel was first mentioned in the sale of the farm in 1758. To find out more about this unusual building and it's history [click here](#).





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**2h.** Continue on the footpath which takes you through another gate.

**3. Photo challenge:** Can you spot a fabulous little dog gate that leads to the river? A great spot for furry friends, especially in the hot months.



**3a.** Go over the bridge, then at the end turn **right**. (The arrows at the end of the bridge are pointing left, but you are turning right).

**3b. Photo challenge:** What's hiding in the tree?



**3c.** At the end of this section of footpath, where the path splits, turn right. You are now heading back towards Flore.



**3d.** We now have another series of fields to cross.

Field number one.

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**3e.** At the end of the first field, turn right onto the track for a few seconds.



**3f.** Then immediately turn left into field number two.



**3g.** Cross the little, wooden bridge which takes you into field number three.



**4.** Cross another bridge, into field number 4.

You have now walked two miles.



**4a.** Little Alfie likes the dog gate that leads into field number five.



**4b.** Go through the gap in the hedge and over the little bridge which takes you into field number six.



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**4c.** We are now about to complete the last section. Please put your dog on a lead here as there is a road on the other side of this stile.



**5.** Turn right on the road and do a little dance to get that mud off your shoes.



**5a. Checkpoint photo** - Go over the little bridge. Also check out the Shetland Ponies on the right before you turn round the bend to the Mill House.



**5b. Checkpoint photo** - another gorgeous setting and Mill House. You will often see Egrets here so keep your eyes peeled.



**5c.** Follow the road around to the right, keeping an eye out for a gate on your left that leads into the playing field beyond.



**5d.** Take the little gate on your right and head towards the swings at the top of the field.



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**5e.** Keep to the left of the field. You can always take the road if it is muddy and there are numerous exits on the left of the field to do this.

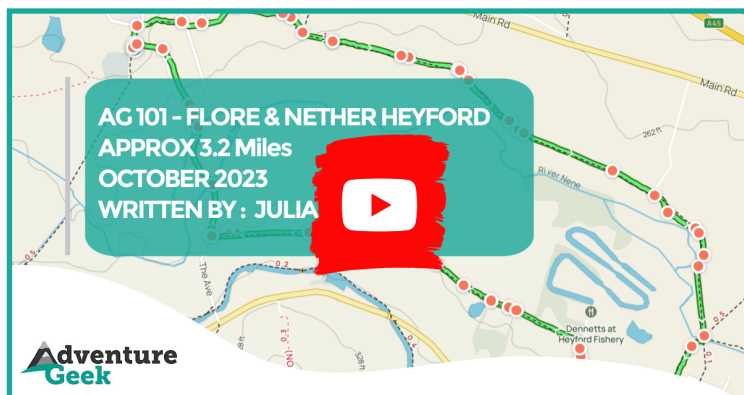


**5f.** Look for the exit just before you reach the swings. On the road, turn right and you will soon see the church.



**5g.** Congratulations! You have completed AG101 and you can add another sticker in your passport. We hope you enjoyed today's walk.

If there are any changes that need to be made to this walk, then please let me know. Email: [julia@adventuregeek.co.uk](mailto:julia@adventuregeek.co.uk) or submit your feedback using [this form](#). Thank you.



[CLICK HERE](#), to watch the risk assessment video.